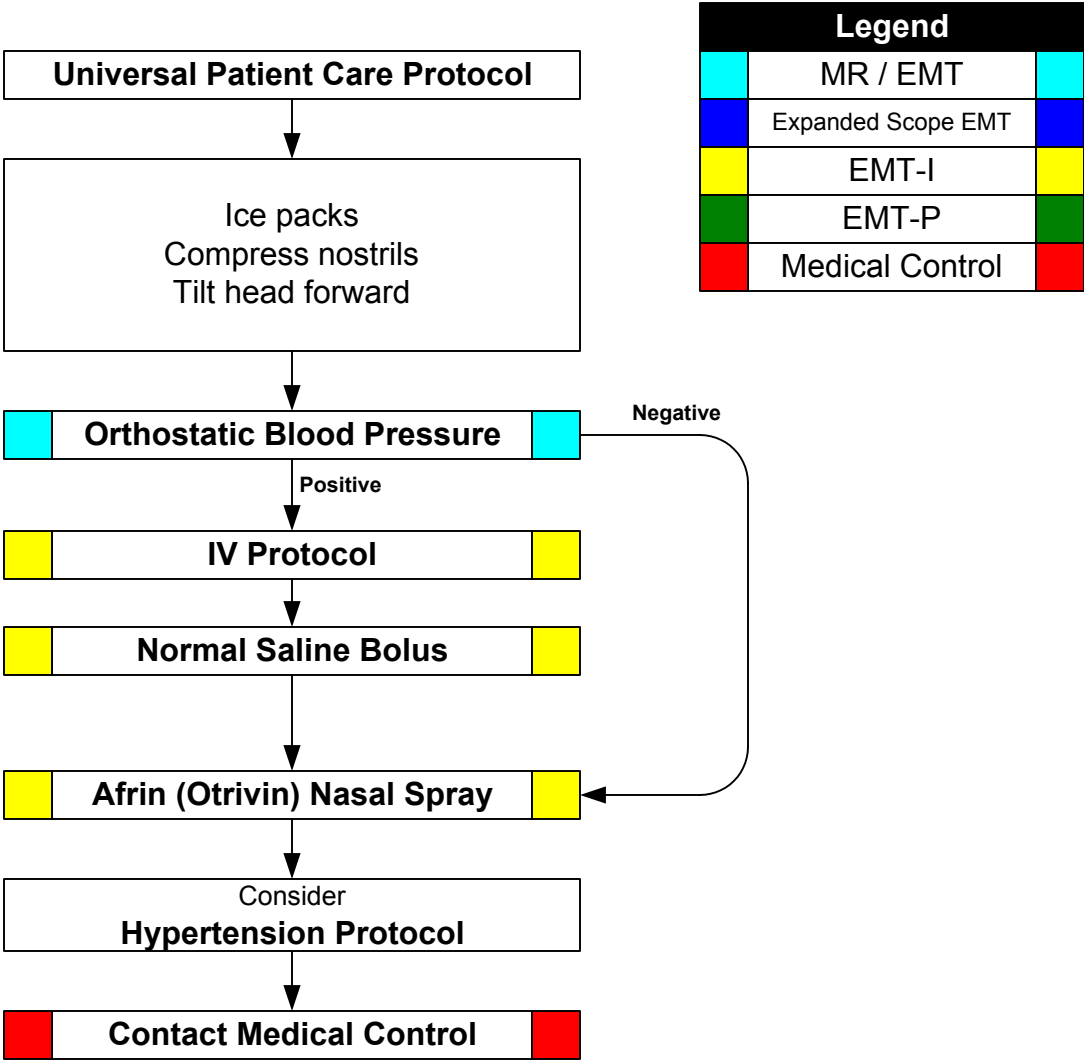


# FORSYTH COUNTY EMS MEDICAL PROTOCOLS

## Epistaxis

<b>History:</b> * Age * Past medical history * Medications * Previous episodes of epistaxis * Trauma * Duration of bleeding * Quantity of bleeding	<b>Signs and Symptoms:</b> * Bleeding from nasal passages * Pain * Nausea * Vomiting	<b>Differential:</b> * Trauma * Infection * Allergic rhinitis * Lesions * Hypertension
---	--	---



**Pearls:**

- \* **Exam: Mental Status, HEENT, Heart, Lungs, Neuro**
- \* Avoid Afrin in patients who have a blood pressure of greater than 110 diastolic or known coronary artery disease.
- \* It is very difficult to quantify the amount of blood loss with epistaxis.
- \* Bleeding may also be occurring posteriorly. Evaluate for posterior blood loss by examining the posterior pharynx.
- \* Anticoagulants include aspirin, coumadin, non-steroidal anti-inflammatory medications, and many over the counter headache relief powders.
- \* Consider foreign body in children.
- \* Do not place anything in the patients nose.